

# Hill Country Mental Health Developmental Disabilities Centers

“Promoting Independence, Community Integration, and Recovery”



## 1115 Waiver Projects in all 19 Counties

### Psychiatric Consultation Service

The Psychiatric Consultation Services is designed to ensure that physicians/providers have immediate access to quality telephone and/or video consultations with a psychiatrist 24/7. Psychiatric consultation provides the provider with additional clinical information which can be of assistance in developing a plan of care. Access to a psychiatrist and tele-video equipment is provided at no cost to the provider/facility/patient. Contact Information: Randy Consford, Director, 512-423-0227, email: [rconsford@hillcountry.org](mailto:rconsford@hillcountry.org).



### Trauma Therapy

Trauma Informed Therapy assists children and adults who have been affected by an adverse or traumatic experience and are in need of therapy to help process the event. Contact Information: Kim Olden, Director, 830-792-3300 ext. 1831, email: [kolden@hillcountry.org](mailto:kolden@hillcountry.org).



### Veterans Service

Veteran's Services is a group of dedicated Veteran Peers and Veteran Family Peers that are here to directly assist or connect Veterans and their family members with the services they require to reintegrate successfully into their communities. Contact Information: Call 1-830-792-3300 and ask for Veterans Services.



### COPSD

Co-Occurring Psychiatric and Substance Use Disorders Program (COPSD) provides outpatient counseling for both adults and adolescents to address the coexistence of both a mental health and a substance use disorder. Early detection and treatment can improve treatment outcomes and the quality of life for those who need these services. Contact Information: Ray Gutierrez, Director, 830-258-5421, email: [rgutierrez@hillcountry.org](mailto:rgutierrez@hillcountry.org).

### COPSD



### Youth Crisis Respite Center

The Youth Crisis Respite Center provides short-term, residential crisis services to youth ages 13 to 17 who are experiencing a mental health crisis and who are at low risk of harm to self or others. The center is in a traditional home environment with 24 hour supervision providing individualized services targeted to alleviate the current identified crisis. Contact Information: Ann Trost, Director, 512-667-9870, email: [atrost@hillcountry.org](mailto:atrost@hillcountry.org).

### Family Partner Services

Family Partner Services are provided to the parents of children receiving Mental Health services throughout the 19 counties served by Hill Country MHDD Centers. Family Partners are parents who have lived experience parenting a child with a mental, emotional, or a behavioral disorder. They are essential in helping a child's family with support and guidance through recovery by providing caretaker-to-caretaker support. Contact Information: Lynne Friese, Director, 830-620-6221, email: [lfriese@hillcountry.org](mailto:lfriese@hillcountry.org).



### Peer Services

Peer support consists of individuals with personal lived experience with a mental health challenge. As such peer specialists are able to relate in a unique way to people seeking help from Hill Country MHDD. Peer specialists facilitate support groups and meet with people individually to inspire hope that recovery is possible. Peer specialists are able to work with people whether or not they are receiving clinic services. Contact Information: Jason Johnson, Director, 830-792-3300 ext. 2028, email: [jmjohnson@hillcountry.org](mailto:jmjohnson@hillcountry.org).



### Community Education

Community education services are available for public or private groups and include the following topics: Mental Health First Aid, ASK (Suicide Prevention Training), Compassion Fatigue, and Wellness. Contact Information: Kim Olden, Director, 830-792-3300 ext. 1831, email: [kolden@hillcountry.org](mailto:kolden@hillcountry.org).



### IDD Behavior Supports and Crisis Center

Behavior Supports and Crisis Center (BSCC) provides positive behavior supports to individuals who engage in challenging behaviors. Applied Behavior Analysis is an Evidence-Based Practice with years of research to support interventions used. The program can serve individuals in their family home, a group home or day habilitation setting or even in their public school or work environment. There is also a residential component for those individuals who need a more intensive level of service on a short-term basis. Contact Information: Candace Baker, Director IDD BSCC, 512-667-9860, email: [cbaker@hillcountry.org](mailto:cbaker@hillcountry.org).



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## 1115 Waiver Projects in Specific Counties

### Integrated Care (Hays County)

The project will integrate primary care services into the Hays County Mental Health clinic as a means to address integrating primary and behavioral health care for individuals with severe and persistent mental illness. Individuals can receive both their psychiatric and physical health care from the same clinic thus avoiding potentially preventable admissions to hospitals and reduce emergency department utilization. The goal is to provide integrated care to individuals with co-occurring issues using a person-centered and whole health approach. Contact Information: Dawn Brunkenhoefer, Center Director, 512-667-9855, [dbrunkenhoefer@hillcountry.org](mailto:dbrunkenhoefer@hillcountry.org)



### MCOT (Kerr/Val Verde/ Kinney Counties)

The Mobile Crisis Outreach Team (MCOT) is designed to respond in the community to assist individuals in a mental health crisis. Individuals are served where they are (community settings). MCOT provides a combination of crisis services including assessment, service coordination, crisis follow-up and relapse prevention to both children and adults. MCOT can be dispatched 24 hours per day, seven days per week by calling 1-877-466-0660. Contact Information for Kinney and Val Verde Counties: Rachel Cedillo, Director, 830-774-8702, [rcedillo@hillcountry.org](mailto:rcedillo@hillcountry.org). Contact Information for Kerr County: Kerr MCOT, 830-257-6553, email: [kerrmfax@hillcountry.org](mailto:kerrmfax@hillcountry.org).



### Mobile Clinics (Hays County)

The Mobile Clinics were designed to provide behavioral health services to outlying areas of Hays county. The project enables more individuals to receive treatment for mental illness by bringing case workers, nurses, and psychiatrists to the individuals Home communities instead of requiring them to travel to San Marcos receive services. There are mobile clinics now located in Kyle and Wimberley offering services to adults, children, and families. Contact Information: Bill Carpenter, Director, 512-392-8953 or 844-327-1274, [bcarpenter@hillcountry.org](mailto:bcarpenter@hillcountry.org).



### Mobile Clinics (Blanco Co.)

The Mobile Clinics were designed to provide behavioral health services to outlying areas of Blanco county. The project enables more individuals to receive treatment for mental illness by bringing case workers, nurses, and psychiatrists to the individuals Home communities instead of requiring them to travel to San Marcos receive services. There are mobile clinics now located in Blanco offering services to adults, children, and families. Contact Information: Bill Carpenter, Director, 512-392-8953 or 844-327-1274, [bcarpenter@hillcountry.org](mailto:bcarpenter@hillcountry.org).



### MH Court (Hays, Comal, Uvalde, and Me- dina Counties)

Mental Health Court (MHC) is a three-part program for adults who have been charged with one or more misdemeanor offenses or a qualifying felony offense and who are having difficulty with mental health issues. The MHC uses a non-adversarial approach involving prosecutors and defense attorneys to promote public safety and to protect the due process rights of program participants. It is a joint effort of Misdemeanor / District Court, Department of Community Resources, District Attorney's Office, Probation Department, Pre-trial Services, and Hill Country MHDD. By working together, the team provides an individualized treatment plan to help individuals develop stability in their lives, promote self-sufficiency and to return them to the community as a productive and responsible citizens. Contact Information: Jim Strakos, Director of Support for Mental Health Court, 512-203-6363, [jstrakos@hillcountry.org](mailto:jstrakos@hillcountry.org).



Hill Country Mental Health Developmental Disabilities Centers (HCMHDD) is your Local Mental Health and Developmental Disabilities Authority as designated by the Texas Department of State Health Services (DSHS). We are responsible for providing services to 19 counties (Bandera, Blanco, Comal, Edwards, Gillespie, Hays, Kendall, Kerr, Kimble, Kinney, Llano, Mason, Medina, Menard, Real, Schleicher, Sutton, Uvalde, and Val Verde). Main Contact Number: 830-792-3300.