

# **Veterans, you can make a difference!**

**Meals for Vets  
is seeking volunteers to  
help veterans  
suffering from hunger.**

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## **Volunteers are needed to:**

- Call veterans to check on their wellbeing
- Help with special events
- Assist with office tasks such as data entry, filing, online research, mailings



**A flagship program of  
Honor Veterans Now**

**For more information:**

**830.992.3375**

**[info@honorveteransnow.org](mailto:info@honorveteransnow.org)**

**[mealsforvets.org](http://mealsforvets.org)**

